

# Post Abortion Counselling



**This workshop will support you to gain a greater understanding of the impact of termination on clients and their wider family**

- The objectives are that by the end of the day, through an interactive and experiential learning experience you will be able to;
  - Describe and state what can lead to a termination
  - Explain how a decision to end a pregnancy can be made using the “heart, mind and circumstances” model to illustrate a client's world when faced with the decision to choose a termination, or not
  - Use a variety of grief models to enable clients acknowledge and ‘own’ their experience following a termination
  - Identify how you can research on how terminations are carried out within your local area and the referral route to these procedures
  - Recognise the influence of family pre- and post-termination, including cultural and personal beliefs
  - Name how the experience of termination can lead to shame and describe what makes this “shame” unique to those who have had a termination
- **Who are the trainers?**
  - Jane Brown; Jane is a counsellor with over 27 years of counselling experience within this area. Jane is also a trainer and a supervisor, as a trainer Jane wrote a full range of CPCAB courses and is currently an EV for CPCAB. Jane was also a founding member of The Acorn Centre, which is based in Nuneaton and this year has been open for 25 years.
  - Anne Booth; Anne brings 20 years of experience of working with individuals offering counselling, supervision and education in the voluntary sector, NHS and private practice, with a special interest in bereavement, identity and recovery from shame.

- Venue: The comfort of your own home, via Zoom
- Date: Saturday 13th February 2021
- Time: 10.00am - 4.30pm (9.30am Registration)
- Cost: £75.00
- CPD Hours: Delegates will receive certification of 6 Hours on completion

For more information contact Anne Booth at [anneboothabcd@gmail.com](mailto:anneboothabcd@gmail.com)