

Your Inner Child, Family and Relationships...

Collins English Dictionary; "Inner Child"

Noun - The part of the psyche believed to retain feelings as they were experienced in childhood



We were all once children and still have that child dwelling within us, but most adults are unaware of this. This lack of conscious relatedness to our own inner child is precisely where so many behavioural, emotional and relationship difficulties originate.

By the end of this two day experiential workshop you will have started to take your inner child seriously and to consciously communicate with that child within: to listen to how they feel and identify what they need from us in the 'here and now'.

This workshop is aimed at healthcare professionals who want to engage further in working with their inner child, family history and relationships, to better support the work they do with others who want to meet, heal and embrace their own inner child.

Venue:	Therapy Station Ltd, Unit 8 Salisbury House, Wheatfield Way, Hinckley, Leicestershire, LE10 1YG
Date:	Saturday and Sunday 25 th and 26 th April 2020
Time:	9.30am - 4.30pm (9.00am Registration)
Cost:	£150.00 (Refreshments included, please provide your own lunch)
CPD Hours:	12 Hours (certificate provided)

For more information contact Anne Booth at anneboothabcd@gmail.com