

Complicated Grief, Trauma and Loss. ... "Never the Same"

"I often wonder why people who are bereaved feel isolated when we all have experienced loss, if not death? I guess any strong emotion isolates us from others. This for me confirms that we are all on our own, from birth until death. Bereavement seems to highlight the fear of our own mortality."

By the end of this interactive workshop you will have worked to further explore your understanding of;



This workshop with **Anne Booth** and **Dr Laura Clipsham** will afford you the opportunity to discover what you already know about complicated grief, trauma and loss; once you 'know' you know it will 'never be the same'!

Venue: Therapy Station Ltd, Unit 8 Salisbury House, Wheatfield Way, Hinckley, Leicestershire, LE10 1YG

Date: Saturday 7th December 2019

Time: 9.30am -4.30pm (9.00am Registration)

Cost: £75.00 (Refreshments included, please provide your own lunch)

CPD Hours: 6 Hours and certificate provided

For more information contact Anne Booth at anneboothabcd@gmail.com